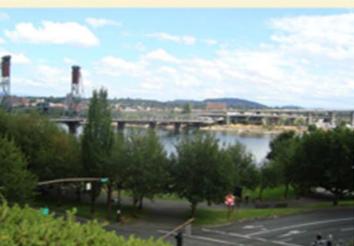
## **CROWN PLAZA**

# 1500 SW First Avenue, Portland, Oregon BUILDING INFORMATION FOR TENANTS











#### **WELCOME TO CROWN PLAZA!**

We are pleased you have selected Crown Plaza as your business location.

Crown Plaza is an 11-story, Class A office building completed in 1970. It has been frequently updated since then. Crown Plaza offers abundant parking, great access to all parts of town, unobstructed views of Mt. Hood and the Willamette River, and a direct connection to the Marriott Hotel. We hope you will enjoy your new high performance work environment and all the building and neighborhood amenities.

In 2016 Crown Plaza received Four Green Globes award through Green Building Services, recognizing the Crown Plaza's excellence in sustainable building operations, indoor air quality, recycling, and much more.

In order to make you feel "at home" as quickly as possible, we are furnishing some information that may be of assistance.

Melvin Mark Brokerage Company and the Building staff are dedicated to ensuring that you receive first-class service. We hope that this description of the building services and procedures will assist you in becoming acquainted with the building.



If you require any assistance; please contact us at 503.223.9203. Our office is open from 8:00 AM to 5:00 PM, Monday through Friday.

It is our intention to provide the best possible service for you and our other valued tenants in the Building.

Please visit <u>melvinmarkcompanies.com</u> and click on the Tenant Portal, for full building information, company contacts and to re-print this tenant handbook.



## TABLE OF CONTENTS

KEY CONTACTS Accounting

Building Personnel

Leasing

Maintenance & HVAC Requests Security and After Hours Access List

Signage

BUILDING INFORMATION Carpet Care

Conference Rooms Deliveries/Moves Hanging Art Janitorial Services Loading Dock

Locks & Keys Parking Pets Recycling

Smoking Policy Telecommunications Tenant Improvements

EMERGENCY PROCEDURES AED Unit

Bomb Threat Civil Disturbance

Earthquake Procedures Emergency Evacuation

Fire Safety Flooding

Medical Emergencies

Power Failure Severe Weather

BIKE ROOM FACILITY Bike Parking

Bike Room Rules

Bike Room User Agreement

FITNESS CENTER Facilities

Membership

Hours and Availability

Fitness Center User Agreement



## **KEY CONTACTS**

#### **ACCOUNTING**

All accounting-related questions can be answered by calling our Accounting Department, 503.223.9203.

Melvin Mark Brokerage Company will mail a courtesy rent statement at the end of each month for the following month's rent. Along with your statement, you will receive a return envelope to send your payment in. Checks should be made payable to Urban Office and Parking Facilities at the address listed below:

Urban Office and Parking Facilities dba Crown Plaza, C/O Melvin Mark Brokerage Company Unit #110 PO Box 5153 Portland, OR 97208-5153

Certificates of Insurance: Please send Certificates of Insurance to <a href="mailto:insurance@melvinmark.com">insurance@melvinmark.com</a>. Accounts Receivable questions: Please call 503.223.9203 or email <a href="mailto:ar@melvinmark.com">ar@melvinmark.com</a>.

#### **BUILDING PERSONNEL**

The manager is available to advise you on any aspect of maintenance, remodeling or refurbishing your work space. Any proposed changes in the physical layout, electrical service, mechanical operation or locks in your space must be submitted to the manager for prior approval. The manager will coordinate the preparation of any required plans, permits, reviews and inspection by local officials to assure compliance with building codes.

Ron Bakker Building Manager



Gil Cortez Engineer



Quinn Montes Maintenance Technician



#### **LEASING**

Our team's knowledge and experience is available to help you make the best commercial real estate decisions for your business. Questions about lease agreements or additional space requirements should be directed to:

Paul Andrews Phone: 503.223.9203 pmandrews@melvinmark.com



#### MAINTENANCE AND HVAC REQUESTS

We request the Tenant designate a primary contact within their office to coordinate tenant maintenance requests.

To contact your building personnel, call us at 503.223.9203. The building personnel have a very strict schedule of work to be performed in order to maintain the first-class condition of the building. We are equipped to respond to maintenance and mechanical problems through the use of our direct paging system to reach our building personnel. In order to serve our tenants well, we ask that all requests go through our main office.

- The building's HVAC operating hours are Monday through Friday 6:00 AM to 6:00 PM. The systems
  are off on Saturday and Sunday. Call 503.223.9203 to arrange extended hours of operation at least
  48-hours in advance, off-hour HVAC charges apply.
- For maintenance and HVAC requests, Monday Friday from 8:00 AM to 5:00 PM, please call 503.223.9203 or Email: <a href="maintenance@melvinmark.com">maintenance@melvinmark.com</a> or send requests through the Tenant Portal at <a href="https://www.melvinmarkcompanies.com">www.melvinmarkcompanies.com</a>.
- For <u>emergency issues and after normal business hours</u>, please <u>call</u> the request in, 503.223.9203. Our 24/7 answering service will assist after hours.



It is our objective to keep the temperature in your work space as comfortable as possible for everyone and we are committed to conserving energy by operating our mechanical plant efficiently. The thermostats located throughout the building are sensitive instruments. Tampering with these instruments can cause failure of the heating and air conditioning systems. Due to solar radiation through the glass, you will find your office more comfortable if you draw the drapes or close the blinds on either warm or cold days. Proper operation of the air conditioning system is based on drapes or blinds being in the drawn position during direct solar exposure.

Space heaters are strongly discouraged. A typical space heater draws the load capacity of a 20 amp circuit breaker, this combined with whatever is on that circuit will usually cause the breaker to trip. Employees then do not have power to their work stations until a maintenance technician can get it reset. This can add up to many man-hours for a company.

Space heaters also present a fire danger and should the Fire Marshall inspect an office space, a "red tag" will be issued to the tenant. This "red tag" will require heaters to be removed within 30 days. If still present on reinspection a citation will be issued.

#### SECURITY AND AFTER HOURS ACCESS

The building is protected by very strict security measures. A uniformed guard is stationed at the second floor lobby weekday evenings starting at 6:00 PM. The guard closes the building at 6:00 PM, and from that time maintains records of persons who enter and leave the building. For this reason, access to the building after 6 PM is at the second floor lobby. The building is opened each weekday morning at 6:00 AM. After hours or weekend access for repair, service or construction work is to be scheduled through the manager's office.

Please furnish the guard desk with a correct list of persons who are authorized to have access to your office after hours (form provided on next page). After hours or weekends, access for repair, move-ins and move-outs, service or construction work is to be scheduled through the manager's office.

All Hours: 503.223.9203 Guard (Day/Night): 503.201.6685

#### **SIGNAGE**

Prior to move-in, new tenants will receive a signage request form in their lease. Please return this form as soon as possible so that we may start processing your new signage. Signage requests can take four to six weeks to be completed after the date we receive the signage form.

For questions regarding building signage and directories, please call 503.223.9203 (email: <a href="maintenance@melvinmark.com">maintenance@melvinmark.com</a>). Please call if you need a price quote for changes to your existing signage.

For existing tenants that wish to order new signage or have changes to their existing signage, please call 503.223.9203 or notify your manager. All tenant signage must be pre-approved by Melvin Mark Construction Company prior to installation.



## MELVIN MARK COMPANIES AFTER HOURS ACCESS LIST

#### **Crown Plaza**

Tenant (Firm) Name:		Date:	
Office Contact Person:		Suite No:	
Email Address:		Office Phone No:	
•	er and have access to our office du please provide a complete list on yo	ring the evening and weekend hours: our company letterhead.	
	TS: (Preferably 2 or more)		
		Alt Number:	
		Alt Number:	
		Alt Number:	

Please return this form to our office as soon as possible. Thank you for your cooperation.

## **BUILDING INFORMATION**

#### **CARPET CARE**

The manager will be happy to advise tenants and to help arrange for additional carpet care service.

#### **CONFERENCE ROOMS**

For conference room reservations, please call 503.223.9203, or email <a href="mailto:confreservations@melvinmark.com">confreservations@melvinmark.com</a> (please indicate bldg. name and room).

The building has two conference rooms:

- Conference Room located on Floor 6 seats 8; no internet access.
- Conference Room located on Floor 7 seats 30; no internet access.

#### **Guidelines:**

In order to provide equal access to the use of the conference room for all building tenants, following are guidelines to use when making reservations:

- When reserving a conference room five (5) or more weekdays in advance, only one (1) reservation per week can be scheduled per tenant. Reservation must not exceed eight (8) hours in length in a given work week period (Monday through Friday).
- When reserving a conference room for the current work week, our policy is first come, first served. Multiple appointments are allowed as long as they do not total more than eight (8) hours for any given week.
- In general, a tenant can only reserve one conference room for one time period. But, if an additional conference room is needed for the same day as an existing reservation and it is available, we would be happy to schedule it. The total for both rooms still may not exceed the 8 hour weekly limit, however.
- No reservations will be taken more than 90 calendar days in advance.

#### Reservations:

Reservations can be made in advance by:

- Sending an email to confreservations@melvinmark.com
- Calling our reservation line at 503.223.9203

A confirmation email will be sent back to you verifying the room is available and that the reservation request has been scheduled.



#### **DELIVERIES/MOVES**

To facilitate your move or deliveries, we request your cooperation by adherence to the following procedures. Please schedule your move with the manager as soon as possible. Do not stage furniture in the lobby.

- If building services are desired after normal operating hours, such as heating or air conditioning, overtime
  operation may be furnished at tenant's expense. We require 48-hours written notice in order to provide
  services.
- Movers must protect all door frames, including elevators. In addition, movers must protect the lobby flooring and carpeting with 4' x 8' sheets of Masonite. Elevators used for moving may have to be padded. Please check with the manager. You are responsible for any damage to the premises or persons resulting from the actions of your movers. Therefore, we highly suggest that you engage a reputable moving company.
- Small pieces of furniture or equipment consisting of one or two items weighing less than 200 lbs., such as chairs, empty carts, recycle bin, etc. may be moved during normal business hours. Any pallets will need to be broken down on the loading dock on the east side, corner of Clay and Naito Parkway.
- Larger pieces of furniture or equipment weighing more than 200 lbs. may be moved during normal hours at the discretion of the manager. These moves must be arranged in advance to insure the availability of the elevators, building staff and unnecessary inconveniences and delays. Any pallets will need to be broken down on the loading dock on the east side, corner of Clay and Naito Parkway.
- Moves must take place before 7 AM or after 5 PM, Monday through Friday, or any time Saturday and Sunday.
- Loading dock is 12' located between Clay and Naito. It is a first-come-first-served policy unless prior arrangements are made with the manager.
- Freight elevator access is in the basement of the building.
- The moving company will need to provide a certificate of insurance naming Urban Office and Parking Facilities as additional insured.

#### **HANGING ART**

Please check with the manager before hanging pictures or other items on the walls. You are responsible for the restoration of the wall system at the end of your lease.

#### JANITORIAL SERVICES

The building janitorial staff is on the job five nights per week (Sunday through Thursday, except holidays), beginning at 5:30 PM. To assure that no important documents are disturbed, we have established a policy that only desks that are clear of papers will be cleaned. Recycling boxes are provided. The janitors dispose of <u>full</u> recycling boxes. Tenants are expected to bear the expense for the removal of refuse that substantially exceeds the normal daily amount.

Good housekeeping is a very important phase of our building operation. We make frequent inspections and meet regularly with the cleaning contractor who services the building to discuss their performance and areas where improvement may be required. We want to know when the service is not satisfactory. Any problems with or suggestions about the cleaning should be directed to the manager.



#### **LOADING DOCK**

The building is equipped with a loading dock, measuring 12 high at the entrance. The entrance is on east side of Clay and Market. Please notify manager for specifics and to schedule a delivery. Specific parking instructions will be given for large truck deliveries.

#### **LOCKS & KEYS**

Please contact the manager to make arrangements for all lock changes or duplicate key requests, etc.

#### **PARKING**



The building has an eight-story, 811-space parking garage available to tenants and their guests. Monthly parking is available to tenants based upon a ratio of three spaces per 1,000 square feet leased. A validation program for hourly parking can be easily arranged for guests.

Bicycle racks are located to the north and south sides of the building as well as in the basement in our secured bike facility.

Monthly parking passes can be purchased through City Center Parking's Monthly Parking Department. For more information please contact the Monthly Parking Department at 503.221.1666. A validation program for hourly parking is available through City Center Parking.

#### **PETS**

Pets are not permitted inside of the building unless they are ADA defined service animals

#### RECYCLING

Melvin Mark Companies are committed to conserving natural resources, using energy efficiently and reducing pollution. One way we do this is by providing opportunities for our tenants to recycle. Your manager will furnish you with boxes for recycling office paper products. The building actively recycles construction waste, glass, mixed plastics/paper/aluminum, cardboard, light bulbs, batteries, metal, e-waste and printer cartridges/toner. Recycling is removed nightly throughout tenant suites through the janitorial service. For additional resources, including recycling posters and informational guides, please contact Melvin Mark Companies at 503.223.9203.



For your convenience, the building also collects e-waste items for recycling. All items are either recycled or refurbished through Green Century's' R2 Certified recycling process. A Certificate of Destruction is available for tenants upon request. Hard drives will be destroyed. If you have items you would like to recycle, please contact building management at 503.223.9203 for assistance. The following items are accepted and <u>free of charge</u> to recycle:

A/V equipment Misc. office machines

Cell phones Monitors (LCD)

Computers Printers

Copiers Routers/Hubs

CRT monitors Scanners
DVD players Servers

Fax machines Stereo Equipment

Handheld games Telephones

Ink Cartridges VCRs

Laptops Misc. cords, wires

LCD monitors Key boards
Mice Speakers

If you have any other questions or suggestions regarding recycling visit our website at www.melvinmark.com or contact your manager.

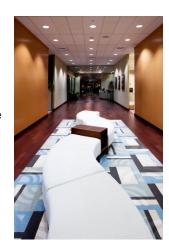
#### **SMOKING POLICY**

The building is a designated non-smoking building by the Oregon Clean Air Act (OR 433.835 – 433.875.) Smoking is prohibited in all public areas of the building including lobbies, corridors, stairwells and restrooms. Please contact the manager for further information.

#### **TELECOMMUNICATIONS**

Prior to move in, tenants should contact the provider of their choice to set up phone service. Contact your manager for approval prior to your telecom installation. A pre-arranged time with building staff will need to be arranged for this service. We cannot guarantee we will be available to provide telecom access for unscheduled vendors. It is the tenant's responsibility to have the phone service hooked up from the basement to the suite. When hiring your voice/data installer, make sure that prior to installation you hire a licensed electrical low voltage installer to pull the cable for phone, data or TV.

The following providers are in the building: Comcast, Century Link, Level 3, Integra, AT&T Local Services.





#### **TENANT IMPROVEMENTS**

Building personnel are available to advise on any aspect of remodeling or refurbishing of your office space. Any proposed changes in the physical layout, electrical service or mechanical operation in your space must be submitted to the manager for approval of working drawings or plans prior to any work being started. The manager will help coordinate all construction work. Construction cleanup is the responsibility of the workmen unless special arrangements are made through the manager.

Questions regarding the design or construction of your new or existing space should be directed to the manager.

Melvin Mark Companies belongs to a permit program with the City of Portland called the Facilities Permit Program (FPP). Participating in this program simplifies and expedites the permitting process.

Under the FPP, all charges for permits or field inspections done in a participating building are billed directly to Melvin Mark Companies. Any charge for which Melvin Mark Companies is not the contractor is then billed back to the tenant.

## **EMERGENCY PROCEDURES**

If for any reason emergency help is needed, please call 911 immediately. If it is not a life threatening emergency and is during normal business hours, one of our staff members can be reached by calling our main office at 503,223,9203.

If for any reason assistance is needed after hours, please call our answering service at 503.223.9203.

#### **AED UNIT: AUTOMATIC DEFIBRILLATOR**

Ad AED unit is located in the 1<sup>st</sup> floor main building lobby, mounted to the wall behind the security guard's desk. In the event of an emergency, open the AED cabinet and place the AED unit next to the victim. Turn on the AED unit and follow the user instructions. Call 911.

#### **BOMB THREAT**

In the event of a bomb threat, record as much information as you can, including:

- What the caller said and gender
- Identify any background noise and assess the validity of the call
- If possible, ask the caller where the bomb is located
- When is it set to go off
- What the bomb is contained in

After receiving the call, you should call 911 immediately and provide the dispatcher with complete details of the call. Be sure to identify the building address, your company name and suite number. Next, contact our main office at 503.223.9203 and inform them that you have received the threat and have called 911. The decision to evacuate will be made immediately.

#### **CIVIL DISTURBANCE**

Should a riot or civil disturbance start outside of the building, security personnel will immediately secure all entrances to the building. The police will be notified and building staff will keep tenants informed.

If a disturbance should occur in the main lobby, all elevators will be turned off at the first floor and police will be notified.

#### **EARTHQUAKE PROCEDURES**

In the case of an earthquake, keep away from windows and all other glass, free standing partitions or objects that may fall. Crouch under a desk, table or other heavily reinforced object. Be prepared for aftershocks. If it is necessary to evacuate the building, use the stairs and move to an open area away from high rise structures.



#### **EMERGENCY EVACUATION**

It is advised that tenants develop an Emergency Evacuation Plan on where staff is to meet in the event that the building needs to be evacuated.

#### **FIRE SAFETY**

- In case of fire, please call 911 immediately and evacuate the building via the stairs (do not use the elevators) and move at least one block away from the building after exiting.
- If caught in smoke, take short breaths, breathe through your nose and keep low to the ground or crawl to escape. The air near the floor is cooler and easier to breathe.
- Touch all doors before opening. Do not open doors that feel hot; seek another exit.
- Do not break windows. This would allow fresh air to rush in and fuel the fire.
- Fire extinguishers are located on each floor.
- Pull nearest fire alarm if time permits.
- Notify others in your vicinity.
- Await further instructions. Do not attempt to re-enter the building until instructed by the Fire Department.

#### **FLOODING**

In the event of flooding or a water leak, contact our main office immediately at 503.223.9203. If possible, remove all desktop items and close file drawers to limit damage. Move materials off the floor, if possible. The building staff will turn off the water source and shut down electrical power as needed.

#### **MEDICAL EMERGENCIES**

In the event of a medical emergency, call 911 immediately. Be prepared to give the dispatcher the building address and your floor and suite number.

After the 911 call is complete, contact the manager at 503.223.9203 to report the medical emergency; this will allow management to have an elevator held at the lobby for the EMS team when they arrive. If time permits, post one person at the lobby elevator to lead the medical team directly to the person in distress.

#### **POWER FAILURE**

It is rarely necessary to evacuate the building due to a power failure. Unless you are directed to do so through the emergency communication system, please remain in your offices. If ordered to evacuate, do not use the elevators. Exit calmly through the nearest stairwell. The manager will attempt to advise you regarding the length and cause of the power failure as soon as possible.

#### SEVERE WEATHER

When severe weather conditions become apparent, the U.S. Weather Bureau describes the conditions by two classifications: a watch or a warning. A watch becomes effective when atmospheric conditions are right to produce a particular weather phenomenon. A warning means that the weather condition has been spotted and prompt action must be taken for safety. Except in very rare circumstances, the decision to evacuate the building is based on the above weather reports.



## **BIKE ROOM FACILITY**

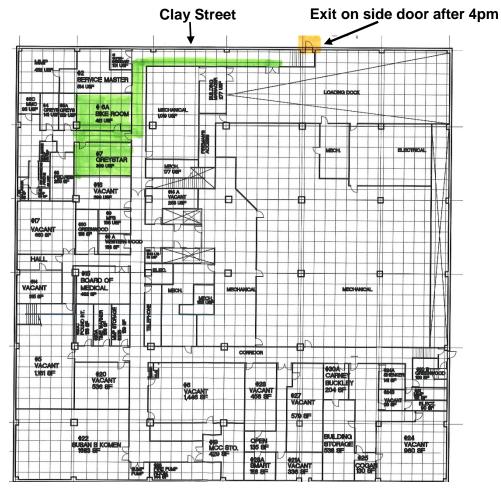
#### **BIKE PARKING**

A secured bike room is available for year-round tenant use. The bike rooms, located in the basement, includes bike racks, bike pump, bike repair kit and a bench for tenant use. If you would like to register for the bike room, please submit the Bike Room User Agreement form and you will be provided with the access code. (http://www.melvinmarkcompanies.com/property/crown-plaza/)



Loading Dock gate open from 6am till 4pm.

Both bike rooms have 37 racks; 74 total.





#### **BIKE ROOM RULES**

The Bike Room Facility is located in the basement. Both room have 37 racks each.

- 1. No bikes will be allowed in the lobby or elevators.
- 2. Bike room access is through the loading dock off of Naito; it will be left unlocked from 6AM to 4PM, Monday thru Friday.
- 3. After-hours access: Please temporarily park your bike outside of main entrance, NE exterior, corner of Market and 2<sup>nd</sup> by the main lobby entrance and inform security you require bike access. Security will meet you and let you into the building.
- 4. The Bike room is a first come, first served amenity.
- 5. Rider will need to provide his/her own bike lock.
- 6. Remember to remove your bike lock daily. Any locks remaining will be removed by building management.
- 7. All bikes need to be stored on the vertical racks for safety.
- 8. We are not responsible for lost or stolen items; park at your own risk.
- 9. A pin pad has been installed on the entrance for security; please call 503.223.9203 for the access code.
- 10. Cyclists that wear cleated shoes must change into appropriate footwear before entering elevators or lobby areas to minimize damage to the floors.
  - Should you have any questions or need any clarification on any of these rules, please contact 503.223.9203





Employer

## MELVIN MARK BROKERAGE | CAPITAL GROUP | CONSTRUCTION | DEVELOPMENT

## CROWN PLAZA BIKE ROOM USER AGREEMENT

Signature of User	 Hom	e Address	
Date	Email	Phone	number
		Shower Facilities for exercising a re any property in the Exercise a	• •
	-	to the Exercise and Shower Fanknown and whether foreseen o	
•	•	ding and their respective memb, losses, damages, liabilities, co	
exercise equipment. The Us	er assumes all risk of injury,	nderstands the hazards of the u death and damage to persons of acilities. The User fully and unc	or property related
5. Assumption of Risk; Waiv	er of All Claims. The User a	ccepts the Exercise and Showe	r Facilities in their
4. <u>Term</u> . The term of this Ag may terminate this Agreeme	•	encing on the date of payment. otice to the other.	Either User or Owner
the Exercise and Shower Fa	cilities. Owner may increase	ies \$60 per year, in advance, no the fee by giving User 60 days' ies at Suite 1380, 111 SW Colu	' prior notice. Please
agrees to comply with the Ex	ercise and Shower Facilities	and Shower Facilities Terms and s Terms and Conditions and all er Facilities imposed by Owner f	other rules and
	•	er shall not permit anyone other ded by Owner. User shall not sh	
first-served basis, when avai	Crown Plaza (collectively, the lable during the business how subject to the terms and contact the subject to the terms and contact the labels are subject to the terms and contact the labels are subject to the terms and contact the labels are subject to	ission to use the exercise room, he "Exercise and Shower Facilitiours of the building established be and Shower Facilities:	ies") on a first-come, by Urban Office and
	(%) La a w?\ la a a va a waa	inning to the average was	

City, Stage, Zip

## CROWN PLAZA FITNESS CENTER

#### **FACILITIES**

The Crown Plaza provides a Fitness Center for building tenants only, located on the 2<sup>nd</sup> level of the Crown Plaza parking garage. The Fitness Center includes (2) treadmills, (1) elliptical, (1) recumbent bike, dumbbells and a functional trainer. Stretching and yoga space is also available. The Fitness Center also includes unisex showers, unisex restrooms, changing rooms and lockers.



#### **MEMBERSHIP**

The Fitness Center is available to all tenants of Crown Plaza and membership is required. The annual

membership fee is \$60. Membership agreements and bike rules can be found online at <a href="http://www.melvinmarkcompanies.com/property/crown-plaza/">http://www.melvinmarkcompanies.com/property/crown-plaza/</a>. Please return a signed copy of the Agreement and membership fee to Melvin Mark Companies at 111 SW Columbia, Suite #1380.

#### **HOURS AND AVAILABILITY**

The Fitness Center is available on a first-come, first-served basis for tenants only. It is open during normal business hours as established by building management. The Fitness Center is accessible via door code for members only.



Employer

## MELVIN MARK BROKERAGE | CAPITAL GROUP | CONSTRUCTION | DEVELOPMENT

## CROWN PLAZA FITNESS CENTER USER AGREEMENT

	("Hser") has n	ermission to use the exercise	room equipment and
shower room in Suite 260 of C first-served basis, when availa Parking Facilities ("Owner"), s following terms and conditions	Crown Plaza (collective lable during the busines ubject to the terms and	ly, the "Exercise and Shower s hours of the building establi d conditions in this Agreement	Facilities") on a first-come, shed by Urban Office and
1. <u>Personal Use</u> . The right give access code to the Exercise a with anyone.	•		
2. <u>Compliance with Rules</u> . Us agrees to comply with the Exe regulations regarding the use	rcise and Shower Faci	ilities Terms and Conditions a	nd all other rules and
3. Fees. User shall pay Urbar the Exercise and Shower Faci make checks out to Urban COR 97201.	lities. Owner may incre	ease the fee by giving User 60	days' prior notice. Please
4. <u>Term</u> . The term of this Agreement	· · · · · · · · · · · · · · · · · · ·	• • •	nent. Either User or Owner
5. Assumption of Risk; Waiver condition and bears all risk of exercise equipment. The User directly or indirectly to use of t discharges and releases Ownerepresentatives, employees are (including attorneys' fees) that the Exercise and Shower Facility	injury whatsoever. Use assumes all risk of injude he Exercise and Shower, the manager of the had affiliates from all class relate directly or indire	er understands the hazards of ury, death and damage to per er Facilities. The User fully an building and their respective in tims, losses, damages, liabilition ectly to the Exercise and Show	f the use of showers and sons or property related ad unconditionally waives, members, agents, es, costs and expenses ver Facilities and the use of
6. <u>Permitted Use</u> . The User she clothes and for no other purpo			0 0
Date	Email		Phone number
Signature of User		Home Address	

City, Stage, Zip